Kochi University
Summer Course in Japanese Culture
for students of Kochi University’s partner universities

2 July - 12 July 2019
INTRODUCING THE COURSE

Kochi University (KU) contributes to the globalised academic community by offering tuition free course taught in English for its partner universities. We welcome international students who wish to experience the unique local culture.

Experiencing culture

This 10-day course is designed for students who have never studied the Japanese language but wish to soak up the culture and visit various tourist attractions in and around the city.

Facilities at Kochi University

Library

KU’s library is open to anyone who wishes to enjoy the hundreds of thousands of books in the library collections. It is open almost every day, from as early as 8:30am to 9:00pm on weekdays, and from 9:00am to 9:00pm on weekends. Desks and chairs are available for you to study in a quiet environment.

Learning center

Open-Access Center for Self-regulated Independent Study or OASIS is a place where students can find plenty of useful materials to study languages—including Japanese—quietly on their own. It is open on weekdays from 8:50am to 6:00pm

ABOUT KOCHI UNIVERSITY

One of Japan’s 86 prestigious national universities, Kochi University was ranked within the top 801 - 1,000 universities in The Times Higher Education World University Rankings 2019. Our motto—“from Regionality to Globality and from Globality to Regionality”—reflects its commitment to both the development of Kochi and to globalisation.

The university has seven faculties—Education, Science, Humanities and Social Science, Medicine, Agriculture and Marine Sciences, Regional Collaboration, and Tosa Innovative

Human Development Programs—based at three separate campuses (Asakura, Oko and Monobe) around the city. Being situated so close to the Pacific, research into marine life and environmental protection is a major focus for the university.
At the easternmost point of this bay, Cape Muroto—a promontory known for its spectacular rock formations—juts out into the Pacific. At the western tip is picturesque Cape Ashizuri, and stretching for nearly 200km between these two headlands is a coastline of spectacular cliffs, small bays and gently undulating sandy beaches.

Unspoiled Nature

Kochi’s largely unspoiled natural environment is also one of its main attractions. As well as hundreds of kilometres of hiking and mountain bike trails, it has several beautifully clear rivers. One of these, the Niyodo River, runs coastward to the west of the city through the prefecture’s mountainous interior, and is in fact one of the most pristine rivers in Japan.

As well as being a treasure trove of aquatic life, the clean waters of the Niyodo attract water sports enthusiasts including kayakers and paddle-boarders, as well as recreational swimmers and fishermen. Meanwhile those with a passion for the surf are drawn to the many breaks that dot the coast, including Shira-hama and Ikumi-kaigan beaches to the north of Cape Muroto, and Irino, Kaifu and Oki-no-hama to the west.

ABOUT KOCHI

The capital of Kochi Prefecture, Kochi City is one of the four major cities on Shikoku Island. Although it has the feel of a bustling modern metropolis, the city is small in Japanese terms and also friendly, with a casual atmosphere and a dose of southern flair.

Geography

Sitting on the south coast of Shikoku, facing the Pacific, Kochi is flanked by rugged mountains to the north, west and east, with an arc-like coastline tracing the outline of Tosa Bay.
Tourist Attractions

As well as these natural attractions, visitors to Kochi can enjoy visiting a diversity of historical monuments, temples and museums. The best known of these, prominently located in central Kochi City, is the 17th century castle. The castle is a nationally designated Important Cultural Property that has survived both war and natural disaster, and is one of Japan’s few remaining authentic castles.

Getting to Kochi

There are mainly three ways in which you can fly in to Kochi.

<table>
<thead>
<tr>
<th>Carrier</th>
<th>Flight #</th>
<th>Departure</th>
<th>Arrival</th>
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<tr>
<td>ANA</td>
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<tr>
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<td>13:15</td>
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<tr>
<td>JAL</td>
<td>497</td>
<td>16:50</td>
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<tr>
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<tr>
<td>ANA</td>
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Food Culture

Although the quality of the local produce is widely-known, one dish in particular—katsuo-no-tataki—is always associated with Kochi. The basis for this dish is fresh bonito, an oceanic fish whose northward migration through waters near Japan around May signals the beginning of summer, and which has been prized in Japan since the Edo period. Locally, the most famous way of cooking and eating bonito is to quickly sear it over a rice straw-fueled fire.

This makes the surface of the fish savory while leaving the meat inside rare and juicy.

It is good to eat slices of this meat either with lots of minced garlic and green onion, with a combination of soy sauce and vinegar, or just with some salt.

Flights from Tokyo International Airport (HND)
After arriving at JR Kochi Station on an airport bus, take a westbound train to Asakura (15 min). Please be advised that train only leaves every hour from Kochi Station during off-peak.

The campus is located just a few minute walk of JR Asakura Railway Station.

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### From Narita International Airport (NRT)

As of January 2019, Jetstar has one daily flight from Narita International Airport (NRT) to Kochi Ryoma Airport (KCZ). The journey only takes about 80 minutes.

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### From Kansai International Airport (KIX)

As of January 2019, Jetstar has one daily flight from Kansai International Airport (KIX) to Kochi Ryoma Airport (KCZ). The journey only takes about 45 minutes.

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### Getting to Kochi University

### From Kochi Airport to JR Kochi Station

Those arriving by air can take a bus from Kochi Ryoma Airport (KCZ) to JR Kochi Railway Station (720 yen, 40 min).
Japanese Culture Course
with Basic Japanese Lessons

Course Details

Course aims
● Learn about Japanese cultures and get hands-on experiences
● Learn the basic of the language including greetings, useful expressions for traveling around the country, while learning to read and write some hiragana and katakana

Suitable for
● Students with no or little Japanese
● Students whose first language is English or proficiency is equivalent to TOEFL iBT 50 (IELTS 5.5) or above

When
● 2 July 2019 - 12 July 2019

Where
● Kochi University (Asakura Campus)

Tuition fees
● Free of charge (*Admissions to facilities must be paid by participants)

Excursions
● Includes cultural experiences, sports activities, visits to major tourist attractions in and around the city (see the table below)

Course Timetable July 2019

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
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<tbody>
<tr>
<td>08:50 - 10:20</td>
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<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>10:30 - 12:00</td>
<td></td>
<td>Orientation Introduction to Japanese culture</td>
<td>Japanese lesson</td>
<td>Japanese lesson</td>
<td>Visit to local school</td>
<td>Zen Meditation</td>
</tr>
<tr>
<td>13:10 - 14:40</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td>14:50 - 16:20</td>
<td>11</td>
<td>Botanical garden</td>
<td>Visit to school</td>
<td>Buddhist temple</td>
<td>Marine Sports</td>
<td>Departure</td>
</tr>
<tr>
<td>16:30 - 18:00</td>
<td>12</td>
<td></td>
<td></td>
<td>Farewell party</td>
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*The content of the programme is subject to change.
**Accommodation**

There are two accommodation options for students on the course. Hotels in central Kochi can be booked through online accommodation booking services such as Agoda, Booking.com TripAdvisor or Airbnb. We also have a couple of single rooms available on campus though they are rather old and run-down. Contact us for more details about our on-campus accommodation.

- **Hotel** (single room from 5,000 yen or twin room from 6,400 yen per night per room)
- **KU’s on-campus accommodation** (single room: 1,400 yen per night) **Limited availability!**

**Cost**

Although the tuition fee for the course is free of charge, students are responsible for paying for such things as ...  

- **Travel expenses to and from Kochi**
- **Accommodation**
- **Meals** (1,500 - 3,000 JPY per day)
- **Public transport** (0 - 1,000 JPY per day)
- **Admissions to facilities** (500 - 1,500 JPY per place)
- **Telecommunications** (5,000 JPY per month)

Please be advised that Kochi is a cash-oriented city. Very few local banks in Kochi can exchange your currency to Japanese Yen.

The most common way to get your cash in Kochi would be from cash machines at convenience stores which operate 24 hours. Make sure to bring an international bank card that will work in Japan.

**Telecommunications**

Upon arrival please remember to purchase a SIM card which works on your unlocked smartphone. Shops that sell SIM cards for international visitors can easily be found at an international airport (Narita, Haneda or Kansai) though it may not be so once you are in Kochi.

**How to Apply**

To apply for a place on our summer course please complete an online application through the following website.

https://goo.gl/forms/7xwxFMPJCleP8OZw1

Prospective applicants must be registered full-time at Kochi University’s partner universities. The list of our partners can be found on the following page.

https://www.kochi-u.ac.jp/international/english/data/index.html

The deadline is **30 April 2019**. Registration may close early if the enrollment reaches capacity before this date.

**Contact Us**

For more information about our course please contact:

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kr04@kochi-u.ac.jp
Tel +81 (0) 88 844 8645

http://www.kochi-u.ac.jp/international/