



Taught in English 

**Kochi University**

# Summer Course in Japanese Culture

for students of Kochi University's partner universities

**2 July - 12 July 2019**

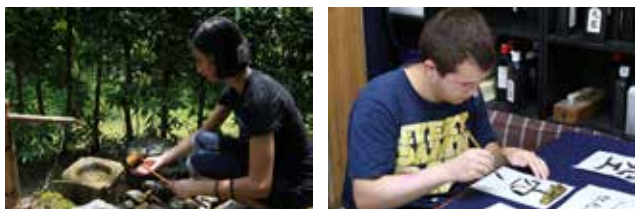


# INTRODUCING THE COURSE

Kochi University (KU) contributes to the globalised academic community by offering tuition free course taught in English for its partner universities. We welcome international students who wish to experience the unique local culture.

## Experiencing culture

This **10-day course** is designed for students who have never studied the Japanese language but wish to soak up the culture and visit various tourist attractions in and around the city.



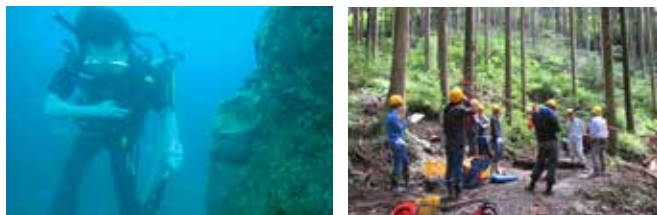
# ABOUT KOCHI UNIVERSITY

One of Japan's 86 prestigious national universities, Kochi University was ranked within the top **801 - 1,000** universities in The Times Higher Education World University Rankings 2019. Our motto—“from Regionality to Globality and from Globality to Regionality”—reflects its commitment to both the development of Kochi and to globalisation.



The university has seven faculties—Education, Science, Humanities and Social Science, Medicine, Agriculture and Marine Sciences, Regional Collaboration, and Tosa Innovative

Human Development Programs— based at three separate campuses (Asakura, Oko and Monobe) around the city. Being situated so close to the Pacific, research into marine life and environmental protection is a major focus for the university.



## Facilities at Kochi University

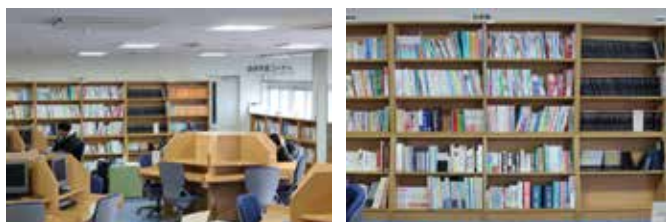
### Library

KU's library is open to anyone who wishes to enjoy the hundreds of thousands of books in the library collections. It is open almost every day, from as early as 8:30am to 9:00pm on weekdays, and from 9:00am to 9:00pm on weekends. Desks and chairs are available for you to study in a quiet environment.



### Learning center

Open-Access Center for Self-regulated Independent Study or OASIS is a place where students can find plenty of useful materials to study languages—including Japanese—quietly on their own. It is open on weekdays from 8:50am to 6:00pm



## Canteen

At the end of the main campus street is a canteen where you can have breakfast, lunch and dinner, with each meal costing around 500 yen. The menu includes dishes from many parts of the world as well as from Japan. It is open from 8:00am to 10:00pm on weekdays, and 11:00am to 7:00pm on Saturdays. A cafe, which is open between 10:00am and 3:00pm on weekdays, is located next to the canteen selling mostly western style food and breads.



## Campus shop

Located between the canteen and the cafe is a shop that sells various things including books, stationery, convenience food and drinks, computer supplies and other miscellaneous items. Open weekdays from 8:30am to 6:30pm.



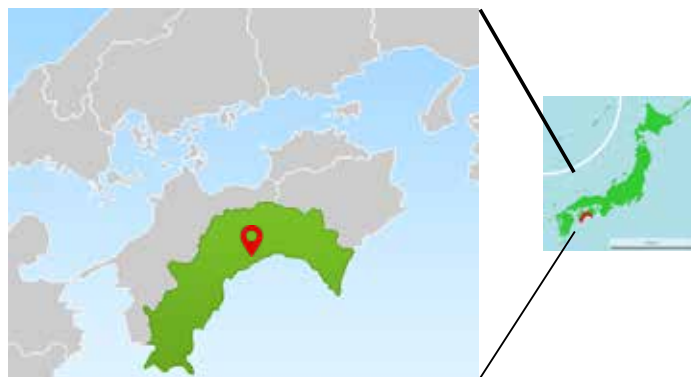
# ABOUT KOCHI

**The capital of Kochi Prefecture, Kochi City is one of the four major cities on Shikoku Island. Although it has the feel of a bustling modern metropolis, the city is small in Japanese terms and also friendly, with a casual atmosphere and a dose of southern flair.**

## Geography

Sitting on the south coast of Shikoku, facing the Pacific, Kochi is flanked by rugged mountains to the north, west and east, with an

arc-like coastline tracing the outline of Tosa Bay.



At the easternmost point of this bay, Cape Muroto—a promontory known for its spectacular rock formations—juts out into the Pacific. At the western tip is picturesque Cape Ashizuri, and stretching for nearly 200km between these two headlands is a coastline of spectacular cliffs, small bays and gently undulating sandy beaches.

## Unspoiled Nature

Kochi's largely unspoiled natural environment is also one of its main attractions. As well as hundreds of kilometres of hiking and mountain bike trails, it has several beautifully clear rivers. One of these, the Niyodo River, runs coastward to the west of the city through the prefecture's mountainous interior, and is in fact one of the most pristine rivers in Japan.



As well as being a treasure trove of aquatic life, the clean waters of the Niyodo attract water sports enthusiasts including kayakers and paddle-boarders, as well as recreational swimmers and fishermen. Meanwhile those with a passion for the surf are drawn to the many breaks that dot the coast, including Shirahama and Ikumi-kaigan beaches to the north of Cape Muroto, and Irino, Kaifu and Oki-no-hama to the west.

## Tourist Attractions

As well as these natural attractions, visitors to Kochi can enjoy visiting a diversity of historical monuments, temples and museums. The best known of these, prominently located in central Kochi City, is the 17th century castle. The castle is a nationally designated Important Cultural Property that has survived both war and natural disaster, and is one of Japan's few remaining authentic castles.



Another big draw, and the biggest event of the year in the city, is the Yosakoi festival. Around 20,000 dancers grouped in more than 100 different teams dance through the streets showing off their gorgeous, original costumes and exquisite dancing skills. The festival attracts one million visitors from around the country each year.

## Food Culture

Although the quality of the local produce is widely-known, one dish in particular—katsuo-no-tataki—is always associated with Kochi. The basis for this dish is fresh bonito, an oceanic fish whose northward migration through waters near Japan around May signals the beginning of summer, and which has been prized in Japan since the Edo period. Locally, the most famous way of cooking and eating bonito is to quickly sear it over a rice straw-fueled fire.



This makes the surface of the fish savory while leaving the meat inside rare and juicy.

It is good to eat slices of this meat either with lots of minced garlic and green onion, with a combination of soy sauce and vinegar, or just with some salt.

## Getting to Kochi



**There are mainly three ways in which you can fly in to Kochi.**

### From Tokyo International Airport (HND)

As of January 2019 there are 10 daily flights from Tokyo International Airport (HND) to Kochi Ryoma Airport (KCZ) operated by [All Nippon Airways](#) and [Japan Airlines](#). The flight time is approximately 80 minutes.

### Flights from Tokyo International Airport (HND)

Carrier	Flight #	Departure	Arrival
JAL	491	07:25	08:55
ANA	561	08:05	09:35
JAL	493	09:30	10:55
ANA	563	11:15	12:55
ANA	565	13:15	14:40
JAL	495	14:10	15:35
ANA	567	16:00	17:25
JAL	497	16:50	18:15
JAL	499	18:55	20:20
ANA	569	18:55	20:25

### From Narita International Airport (NRT)

As of January 2019 [Jetstar](#) has one daily flight from Narita International Airport (NRT) to Kochi Ryoma Airport (KCZ). The journey only takes about 80 minutes.

Carrier	Flight #	Departure	Arrival
Jetstar	GK423	12:45	14:20

### From Kansai International Airport (KIX)

As of January 2019 [Jetstar](#) has one daily flight from Kansai International Airport (KIX) to Kochi Ryoma Airport (KCZ). The journey only takes about 45 minutes.

Carrier	Flight #	Departure	Arrival
Jetstar	GK471	08:45	09:45

## Getting to Kochi University

### From Kochi Airport to JR Kochi Station

Those arriving by air can take a bus from Kochi Ryoma Airport (KCZ) to JR Kochi Station (720 yen, 40 min).

### From Kochi Station to Asakura Station

After arriving at JR Kochi Station on an airport bus, take a westbound train to Asakura (15 min). Please be advised that train only leaves every hour from Kochi Station during off-peak.



The campus is located just a few minute walk of JR Asakura Railway Station.



# Japanese Culture Course

## with Basic Japanese Lessons

### Course level

This course is suitable for those who have never studied Japanese and wish to spend more time experiencing Japanese culture.

### Planned excursions

- Zen meditation
- Kochi Castle
- History Museum
- Traditional paper-making
- Primary and secondary school
- Ryuga Cave adventure
- River Niyodo (Japan's clearest)

## Course Details

### Course aims

- Learn about Japanese cultures and get hands-on experiences
- Learn the basic of the language including greetings, useful expressions for traveling around the country, while learning to read and write some hiragana and katakana

### Suitable for

- Students with no or little Japanese
- Students whose first language is English or proficiency is equivalent to TOEFL iBT 50 (IELTS 5.5) or above

### When

- 2 July 2019 - 12 July 2019

### Where

- Kochi University (Asakura Campus)

### Tuition fees

- Free of charge (\*Admissions to facilities must be paid by participants)

### Excursions

- Includes cultural experiences, sports activities, visits to major tourist attractions in and around the city (see the table below)

## Course Timetable July 2019

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
08:50 - 10:20							
10:30 - 12:00		Orientation	Japanese lesson	Japanese lesson	Visit to local school	Zen Meditation	
13:10 - 14:40	Arrival	Introduction to Japanese culture	Kochi Castle	Canoing, spa, paper making, textile		Ryuga Cave	No program
14:50 - 16:20			History Museum				
16:30 - 18:00		Welcome party	City walk				
08:50 - 10:20							
10:30 - 12:00		Japanese lesson		Botanical garden	Marine Sports		
13:10 - 14:40	No program	Presentation preparation	Visit to high school	Buddhist temple		Departure	
14:50 - 16:20							
16:30 - 18:00					Farewell party		

\*The content of the programme is subject to change.

## Accommodation

There are two accommodation options for students on the course. Hotels in central Kochi can be booked through online accommodation booking services such as [Agoda](#), [Booking.com](#), [TripAdvisor](#) or [Airbnb](#). We also have a couple of single rooms available on campus though they are rather old and run-down. Contact us for more details about our on-campus accommodation.

- Hotel (single room from 5,000 yen or twin room from 6,400 yen per night per room)
- KU's on-campus accommodation (single room: 1,400 yen per night) **Limited availability!**



## Cost

Although the tuition fee for the course is free of charge, students are responsible for paying for such things as ...

- Travel expenses to and from Kochi
- Accommodation
- Meals (1,500 - 3,000 JPY per day)
- Public transport (0 - 1,000 JPY per day)
- Admissions to facilities (500 - 1,500 JPY per place)
- Telecommunications (5,000 JPY per month)

Please be advised that Kochi is a cash-oriented city. Very few local banks in Kochi can exchange your currency to Japanese Yen.

The most common way to get your cash in Kochi would be from cash machines at convenience stores which operate 24 hours. Make sure to bring an international bank card that will work in Japan.

## Telecommunications

Upon arrival please remember to purchase a SIM card which works on your unlocked smartphone. Shops that sell SIM cards for international visitors can easily be found at an international airport (Narita, Haneda or Kansai) though it may not be so once you are in Kochi.

## How to Apply

To apply for a place on our summer course please complete an online application through the following website.

<https://goo.gl/forms/7xwxFMPJcleP8OZw1>



Prospective applicants must be registered full-time at Kochi University's partner universities. The list of our partners can be found on the following page.

<https://www.kochi-u.ac.jp/international/english/data/index.html>

The deadline is **30 April 2019**. Registration may close early if the enrollment reaches capacity before this date.

## Contact Us

For more information about our course please contact:

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[kr04@kochi-u.ac.jp](mailto:kr04@kochi-u.ac.jp)

Tel +81 (0) 88 844 8645

<http://www.kochi-u.ac.jp/international/>