

June 28, 2021

To all the students

Health Service Center

Kochi University will be conducting a coronary vaccination program in the workplace.

The Crisis Response Headquarters will soon inform you of the schedule and send out a survey to find out if you would like to be vaccinated.

The following is a list of information about the vaccine and precautions for vaccination.

Please be sure to check the information before responding to the vaccination request survey that will be conducted later.

Please note that vaccinations should be administered on your own initiative, with the understanding that vaccination will prevent the onset of illness and adverse reactions.

However, it is recommended that you consult with your parents or guardians before deciding whether or not to have the vaccination.

Vaccine

Takeda / Moderna vaccine. 2 doses at 4-week intervals.

Vaccination opportunity

Even if your residence is not in Kochi City (including other prefectures), you can receive the vaccination at Kochi University.

If you are unable to receive the vaccination due to a schedule conflict, etc. in the scheme of vaccination program in workplaces at Kochi University, you will need to apply for vaccination program originally planned to be conducted by the municipality where you have your residence record.

In the case of vaccination

Please make sure that you can be contacted at least 2 days prior to the vaccination date.

On the day of the vaccination, please measure your body temperature at home.

If you feel sick due to fever or any other symptoms, please refrain from taking vaccination and make sure to tell that you will cancel the vaccination to officers in charge (without telling us about your cancelation, you will consequently cause a loss of vaccine). Be aware that you are a member of society.

The vaccine is administered in the muscles of the upper arm, so please wear clothes that show your shoulders.

Some people experience fainting or dizziness (vagus nerve reflex) due to the injection.

If you are not used to injections, or if you have ever fainted or gotten dizzy from injections or blood sampling, please fill out the preliminary medical checkup form ("Have you ever been sick after receiving vaccinations?") or report that experience to a doctor on site.

Adverse reactions, etc.

After the vaccination, wait for at least 15 minutes (or 30 minutes in some cases) at the place where you received the vaccination, and if you feel any abnormalities in your physical condition, please inform us immediately (medical personnel present at the site will deal with any sudden adverse reactions).

On the day of vaccination, refrain from strenuous exercise and excessive drinking. Bathing is fine, but do not rub the injection site strongly.

After the next day of vaccination (especially after the second dose), localized (injection site) pain and swelling, and systemic symptoms (headache, fatigue, myalgia, chills, fever, etc.) are often reported.

In most cases, the symptoms will improve in a few days, but if they do not improve or even get worse, or if you feel any unusual changes in your health condition, please consult a medical institution.

#### Preparation for receiving vaccination

Please inform your parents or guardian of the date of vaccination.

- On the preliminary medical checkup form to be filled out for the vaccination, you will be required to enter the address registered in your resident registration. Please confirm your registered address.

A reconfirmation message regarding the schedule, meeting place, etc. will be sent a few days before the vaccination date.

If you need to cancel the vaccination, please contact the officers in charge for student affairs at sections of your department by the day before the vaccination date.

Some people are unable to go to school or work the day after the vaccination due to adverse reactions, so you may want to take this into consideration when deciding your schedule for the day after the vaccination.

After the vaccination, you may receive a vaccination ticket from the municipality where you live, but you must submit it to the office in charge at Kochi University if you received the vaccination at the university.

Please do not throw a vaccine ticket away, but keep it in a safe place until you are informed about the ticket.

The university will request that municipalities in Kochi Prefecture issue vaccination tickets as soon as possible.

The university will request that municipalities in Kochi Prefecture issue vaccination vouchers early, so some of you may receive the ticket before the vaccination day.

However, it is not yet decided whether you will need to bring the ticket with you on the day of vaccination or not. There is a possibility that you will be required to submit the vaccination ticket after the vaccination (no need to bring it on the day of vaccination).

In this case, please do not throw it away but keep it until you are informed.