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Position	<i>Lecturer</i>	Final degree	<i>Master</i>
Research Field	<i>Public health Nursing</i>		
Research Interests	<i>Career development</i>		
Teaching and Supervising			
	Main Teaching Subjects		
	<p>(1) <i>Public health Nursing introduction(Undergraduate)</i>  (2) <i>Public health Nursing theory I · II (Undergraduate)</i>  (3) <i>Community nursing practice(Undergraduate)</i>  (4) <i>Adult and Geriatric Health Nursing Theory (Graduate)</i></p>		
	Themes of Supervised Master Theses		
	(1) <i>Development of the nursing practice competence evaluation tool</i>		
Research Achievements			
	Recent Publications		
	<p>(1) <i>K. Yamashita, M. Saito, T. Takao: Stress and Coping Styles in Japanese Nursing Students. Int J Nurs Pract. 18: 489-96, 2012</i>  (2) <i>H. Okada, K. Ohara, M. Sakamoto, E. Takahashi, M. Saito, A. Fujita: Providing support for children with family problems:an approach from the standpoint of a Yogo teacher. Journal of Health Education Research,17,49-53. 2012.</i>  (3) <i>K. Yamawaki, Y. Toda, T. Komatu, A. Kitamura, K. Ohara, Y. Kurihara, M. Sakamoto, M. Kawashima, M. Saito, et al.: The report of making "Checklist of for the Attainment of Nursing Gcommunication Skills". Journal of Nursing Research Society of Kochi University,5(1). 37-43. 2011</i></p>		
	Past Important Publications		
	<p>(1) <i>H. Okada, M. Sakamoto, E. Takahashi, M. Saito, et al.: State of implementation of nursing techniques performed by school nurses and extent of their confidence,Journal of Nursing Research Society of Kochi University,4(1).43-49.2010.</i>  (2) <i>Y. Toda, M. Takahashi, S. Kasahara, K. Ohara, M. Sakamoto, H. Okada, E. Takahashi, K. Yamawaki, M. Kataoka, M. Kawashima, K. Hamada, A. Fujita, M. Saito: A Nursing College's "Checklist for the Attainment of Nursing Skills on Graduating" to corresponding the teaching oneself curriculum,Journal of Nursing Research Society of Kochi University,4(1).33-42.2010.</i>  (3) <i>K. Sugimoto, Y. Ogasawara, M. Saito, et al.: Lifestyle and psychological distress in medical school students. Medical Teacher. 2010.</i></p>		
	Main Presentations at Internal and International Conferences		
	<p>(1) <i>M. Saito, H. Okada, Y. Toda, M. Sakamoto: About an action to the learning activity of the nurse in the remote place medical office,The 32rd Academic conference of Japan Academy of Nursing Science,2012.12</i>  (2)  (3)</p>		